

All information is subject to change without notice and it is strongly suggested to call before heading out to any of the resources listed in this manual. Expect assistance by phone or email, drive-thru, suggestions to wear face coverings and to keep social distance.

COUNSELING/GRIEF SUPPORT

Bay Care Behavioral Health Call main #877-850-9613

Specializing in helping people with mental health issues of all kinds. Locations in Clearwater, Largo and St. Petersburg

Big Bear Behavioral Health

#800-840-2528 Accepting Medicaid and other private insurances. Helping with depression, anxiety, ADHD, Defiance, bipolar disorder and more.

Caring Community Counseling

3840 5th Ave N, St Petersburg Call 727-367-2273

In home, school or office counseling, classes, psych assessments, and medication management. Children-Teens-Adults

All Medicaid HMOs and most private insurance,

Community and Family Solutions

Call 727-256-2888 in St. Petersburg

Therapy in many ways to achieve full potential.

Directions for Living Call 727-524-4464

1437 S Belcher Rd, Clearwater, FL

8823 115th Avenue North Largo

Individual, couples, family, and group therapy, psychiatric services, on-site pharmacy and more. Medicaid, sliding scale; insurance. www.directionsforliving.org

Family Enrichment Services Call 727-657-7761

3941 68th Ave. N. Pinellas Park

Counseling services for children and their family from 0-24 years of age. Accepts all Medicaid and sliding scale.

Wide array of specialties such as infant mental health and trauma informed care. referrals@arsponline.org Fax 727-865-5178

Family First of Florida Call 727-683-9849

Located in Pinellas Park providing mental health services for Children, Adults and Families. M-F 8:30am-5pm

Family Resources Call 727-521-5200

5180 62nd Ave. N. Pinellas Park

Family and individual counseling with children 6-17 yrs.

Florida Healthy Transitions

For young people ages 16-25 who have or are at risk of developing a mental health condition.

Dial 211 or text FHT to 898211

Federal Substance Abuse & Mental Health Info Center

1-800-789-2647

NAMI National Alliance on Mental Illness

Help Line: 727-791-3434

Personal Enrichment through Mental Health Services (PEMHS) Call 727-545-6477

Main Campus/Crisis Center: 11254 58th St N, Pinellas Park

PEMHS 24 hour Suicide Hotline 727-791-3131

PEMHS 24 hour Mental Health Assistance 727-541-4628

Pinellas Support Team of The Children's Home

Call 727-785-2762 for families with children ages 3-17

In-home or office, week-ends, eves available

Free for those with no access to services.

Post-Partum Support International

Text or call #813-358-8126

For those experiencing post-partum disorder or depression. www.postpartum.net

Suncoast Center www.suncoastcenter.org

Central Office: 4024 Central Ave. St Petersburg

For appointments call: 727-388-1220

Many programs available focusing on mental health, substance use, family counseling, trauma assessment and counseling.

Sexual Assault Service Helpline: 727-530-7273

Abuse Hotline: 800-962-2873

Suncoast Hospice at Empath Health

The Children's Program providing support for families experiencing child illness. Call 727-467-7423 \$20 a session

Community Counseling providing counseling for those experiencing death of a loved one. Call 727-523-3451

Grief Matters providing support groups. Call 727-523-3455

USF St. Petersburg Infant Family Center

Call 727-873-4876 ifc@usf.edu

100 5th Ave. S. Suite 300 St. Petersburg

Therapy for families with children ages 0-5 at no cost. In home or in office. Flexible appointment times. Services available in English and Spanish.

Windmoor Healthcare of Clearwater

11300 US 19 North, Clearwater

Call 727-202-2314 - Local intake and referral by phone, 24 hours a day.

For adults 18 and older. Provides a full range of psychiatric and chemical dependency services.

Medicaid-HMOs and many other insurances accepted.

Perinatal Loss Program with Suncoast Hospice Call 727-523-3451

Supporting those facing pregnancy loss. Offers specialized comfort, education and support to patients and families. Services include: psychosocial support, development of birthing plan, support during birth, memory making activities before and after pregnancy loss, anticipatory grief and bereavement support, assistance with making final arrangements when needed.